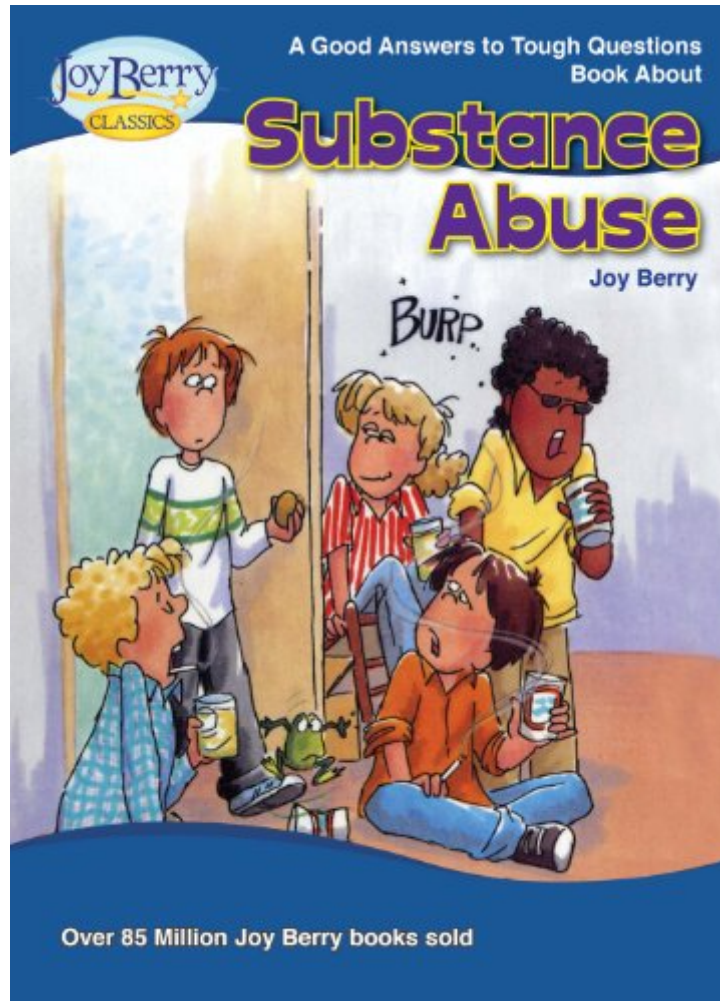


The book was found

# Good Answers To Tough Questions About Substance Abuse



## Synopsis

Recommended for ages 6-12 There is more to understanding the problem than, "Just Saying No." • Knowing the dangers and temptations of substance abuse is the first step toward prevention. In *Good Answers to Tough Questions About Substance Abuse*, Joy Berry lays it out and explains both of these in kid-friendly terms. Unfortunately, in today's world it is never too early to begin this discussion with your children. This book can help you open communication on a tough subject that very well may be a significant factor in the decision about substance abuse your child will have to make. The combination of cartoons and text makes this book something your child will both enjoy and find very helpful. Topics covered include:

- Important terms you should know
- Nonprescription and prescription drugs
- Why you might be tempted to abuse drugs
- Why you should not abuse drugs
- How you can avoid drug abuse
- How you can say no to drug use

The *Good Answers to Tough Questions* series includes 13 books. Each takes on a difficult situation and handles it with the sensitivity Joy Berry is known for. The titles in the series are:

- Good Answers to Tough Questions About Death*
- Good Answers to Tough Questions About Dependence and Separation*
- Good Answers to Tough Questions About Disasters*
- Good Answers to Tough Questions About Divorce*
- Good Answers to Tough Questions About Physical Disabilities*
- Good Answers to Tough Questions About Stepfamilies*
- Good Answers to Tough Questions About Change and Moving*
- Good Answers to Tough Questions About Substance Abuse*
- Good Answers to Tough Questions About Traumatic Experiences*
- Good Answers to Tough Questions About Weight Problems and Eating Disorders*

A sub-series within *Good Answers to Tough Questions* is called *Danger Zone*. These three books deal with important issues in an extremely sensitive way and convey vital information that every child should have. The 3 books are:

- Alerting Kids to the Danger Zones of Abuse and Neglect*
- Alerting Kids to the Danger Zones of Sexual Abuse*
- Alerting Kids to the Danger Zones of Kidnapping*

As an educator, human developmentalist, and the "inventor of *Living Skills Books for Kids*," Joy Berry knows kids. Her books teach children about taking responsibility for themselves and their actions. With sales of over 85 million books, Joy has helped millions of parents and their children.

## Book Information

File Size: 2922 KB

Print Length: 49 pages

Publisher: Watkins Publishing House (March 22, 2013)

Publication Date: March 22, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00C08KO1U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #730,813 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15

inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse #50

inÂ Kindle Store > Kindle eBooks > Children's eBooks > Growing Up & Facts of Life > Difficult

Discussions > Drug Use #169 inÂ Books > Children's Books > Growing Up & Facts of Life >

Difficult Discussions > Drugs

## Customer Reviews

The author has sold more than 85 million books which discuss the issues parents and children face daily. This particular volume is certainly one of the best and most important, in my opinion. The author takes a non biased analytical approach to present information in a nonjudgmental way allowing the reader to make an informed decision. First, Berry points out the items you need to know. There are prescription and non-prescription drugs. She discusses the reasons one is tempted and the reasons one should not use them. The author explains how to avoid abusing them and how to say no to drugs if you don't want them. She emphasizes the fact that our environment contains both good and bad things. When you use them in a positive way, you make your life better. Drugs are neither good nor bad in themselves. If you decide to abuse drugs, your body becomes dependent on them, and you become physically and psychologically addicted. Berry then discusses almost every type of substance abuse including alcohol, marijuana, cocaine, hallucinogens, sedatives, tranquilizers, opiates, and even glues, liquids, and chemicals. Then Berry lists the long and short term effects of each. She discusses the reasons people decide to abuse these drugs, the reasons for avoiding them and how to avoid getting into these situations. She suggests that teens shun situations that don't represent their life style and things like clothing, movies and posters that feature such abuse. Berry details the exact way to handle these situations with actual suggestions on what to say and do. Her bottom line is that you can always ask for the support of parents or friends. No one plans to become an addict. At the same time, no one can force you to to drugs. It is YOUR

DECISION.

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